

# Metro East Girls Conference at Tartan May 26, 2016

Teams: South St. Paul 140, Mahtomedi 125, Hastings 105.5, Tartan 95, North St. Paul 88, Hill-Murray 48.5, Simley 48, Henry Sibley 46

## 100 Meters

1.	J'ianna Cager (9)	12.34 (12.49p)	North St. Paul
2.	Jebeh Cooke (10)	12.55 (12.66p)	North St. Paul
3.	Mackenzie Scholl (10)	12.86 (12.93p)	Mahtomedi
4.	Roxanne Veldman (10)	12.91 (13.03p)	South St. Paul
5.	Diamond Kennedy (12)	13.04 (13.04p)	Tartan
6.	Val Schram (11)	13.15 (12.96p)	Hill-Murray
7.	Clarice Gustafson (9)	13.31 (13.32p)	South St. Paul
8.	Samantha Veldman (12)	13.60 (13.40p)	South St. Paul

## 200 Meters

1.	J'ianna Cager (9)	25.90 (25.81p)	North St. Paul
2.	Jebeh Cooke (10)	26.03 (25.83p)	North St. Paul
3.	Hannah Marion (12)	26.24 (26.58p)	South St. Paul
4.	Aurora Roberts (8)	26.27 (26.44p)	Tartan
5.	Jen Koudelka (11)	26.89 (27.11p)	Hastings
6.	Jenna Schwartz (11)	27.06 (26.84p)	Hill-Murray
7.	Mackenzie Scholl (10)	27.31 (27.27p)	Mahtomedi
8.	Rachel Klimek (11)	27.62 (27.48p)	Hastings

## 400 Meters

1.	Emily Hovseth (12)	59.09 (60.21p)	Hastings
2.	Margaret Freking (11)	59.94 (60.89p)	Mahtomedi
3.	Johnna Patterson (12)	60.17 (61.22p)	Hill-Murray
4.	Aurora Roberts (8)	60.64 (61.47p)	Tartan
5.	Anna Ayd (9)	61.28 (61.97p)	Hill-Murray
6.	Lauren Tix (11)	61.88 (61.95p)	Hastings
7.	Savannah Youngstrom (9)	62.98 (62.72p)	South St. Paul
8.	Bri Froehling (11)	63.28 (60.88p)	Hastings

## 800 Meters

1.	Paige Cater (11)	2:20.91 (2:24.63p)	Tartan
2.	Tessa Laska (9)	2:22.41 (2:25.66p)	South St. Paul
3.	Lisa Fisher (12)	2:23.49 (2:24.05p)	Henry Sibley
4.	Amanda Mertens (11)	2:25.35 (2:28.43p)	Simley
5.	Elizabeth Whitcomb (11)	2:25.46 (2:28.22p)	Henry Sibley
6.	Sierra Arradondo (10)	2:28.95 (2:32.58p)	Hill-Murray
7.	Rachel McCleery (8)	2:29.19 (2:30.09p)	Mahtomedi
8.	Reilly Johnson (8)	2:30.96 (2:29.00p)	Hastings

## 1600 Meters

1.	Star Costa (10)	5:14.80	South St. Paul
2.	Paige Cater (11)	5:21.45	Tartan
3.	Claire Cater (8)	5:28.29	Tartan
4.	Nicole Kelly (9)	5:37.33	South St. Paul
5.	Erika Nolby (12)	5:37.59	Tartan
6.	Melanie Pankow (7)	5:39.11	Mahtomedi
7.	Elaine Bruestle (7)	5:39.35	Henry Sibley
8.	Libby Tuttle (8)	5:39.84	Mahtomedi

## 3200 Meters

1.	Star Costa (10)	11:07.34	South St. Paul
2.	Rose Dill (9)	11:36.83	Henry Sibley
3.	Olivia Segura (9)	11:38.96	Henry Sibley
4.	Claire Cater (8)	12:09.69	Tartan
5.	Melanie Pankow (7)	12:21.79	Mahtomedi
6.	Emma Storkamp (11)	12:22.70	Henry Sibley
7.	Daley Avery (7)	12:22.74	Hastings

8. Libby Tuttle (8) 12:28.92 Mahtomedi

### High Hurdles

1. Kylie Krawczyk (9) 15.97 (16.07p) Mahtomedi  
2. Nicole Hemstad (11) 16.01 (16.18p) Mahtomedi  
3. Grace Gerten (11) 16.09 (16.14p) South St. Paul  
4. Julie Nolan (12) 16.57 (16.78p) Hastings  
5. Cecelia Boyle (11) 16.97 (17.16p) Tartan  
6. Lexi Muller (12) 17.52 (17.86p) Simley  
7. Miranda Hanson (10) 17.89 (17.70p) Hastings  
8. Emma Hendrickson (12) 17.97 (17.84p) South St. Paul

### 300m Hurdles

1. Nicole Hemstad (11) 47.05 (48.43p) Mahtomedi  
2. Grace Gerten (11) 47.06 (48.88p) South St. Paul  
3. Kylie Krawczyk (9) 48.92 (48.96p) Mahtomedi  
4. Miranda Hanson (10) 49.07 (49.52p) Hastings  
5. Cecelia Boyle (11) 49.76 (49.56p) Tartan  
6. Breana Bamlet (12) 50.55 (51.72p) Hastings  
7. Julie Nolan (12) 51.03 (51.62p) Hastings  
8. Lexi Muller (12) 52.20 (52.81p) Simley

### 4x100 Relay

1. 49.88 North St. Paul  
(Hayley Pedersen, Hannah Pedersen, Jebbeh Cooke, J'iana Cager)  
2. 49.90 South St. Paul  
3. 50.96 Mahtomedi  
4. 51.93 Tartan  
5. 51.94 Hastings  
6. 53.87 Hill-Murray  
7. 54.28 Simley  
8. 56.71 Henry Sibley

### 4x200 Relay

1. 1:45.89 Hastings  
(Lauren Tix, Bri Froehling, Jen Koudelka, Emily Hovseth)  
2. 1:46.27 Hill-Murray  
3. 1:46.45 South St. Paul  
4. 1:48.29 Tartan  
5. 1:49.61 Mahtomedi  
6. 1:52.68 North St. Paul  
7. 1:56.23 Henry Sibley  
8. 1:57.22 Simley

### 4x400 Relay

1. 4:05.53 Hastings  
(Bri Froehling, Jen Koudelka, Lauren Tix, Emily Hovseth)  
2. 4:05.67 Hill-Murray  
3. 4:14.45 Mahtomedi  
4. 4:16.22 South St. Paul  
5. 4:17.26 Henry Sibley  
6. 4:17.79 Tartan  
7. 4:21.05 Simley  
8. 4:22.48 North St. Paul

### 4x800 Relay

1. 9:42.54 Henry Sibley  
(Elizabeth Whitcomb, Olivia Segura, Lisa Fisher, Rose Dill)  
2. 9:59.64 South St. Paul  
3. 10:14.00 Mahtomedi  
4. 10:14.85 North St. Paul  
5. 12:18.21 Simley

-- DQ Hastings

### Shot Put

1.	Hannah Gustafson (12)	39-05.00	South St. Paul
2.	Caitlin Griffin (10)	32-07.25	South St. Paul
3.	Alexandra Kolstad (10)	32-02.00	Mahtomedi
4.	Jenna Willenbring (12)	32-00.50	Hastings
5.	Abby Knapp (12)	31-10.50	Hastings
6.	Krystal Carlson (10)	31-05.50	Hastings
7.	Laura Kurr (12)	31-04.75	Simley
8.	Callista Hobbs (11)	31-02.50	North St. Paul

### Discus

1.	Hannah Gustafson (12)	117-10	South St. Paul
2.	Callista Hobbs (11)	104-07	North St. Paul
3.	Gabrielle Hicks (10)	101-05.50	Tartan
4.	Jenna Willenbring (12)	100-03	Hastings
5.	Krystal Carlson (10)	97-06	Hastings
6.	Emily Steiner (12)	95-07.50	Mahtomedi
7.	Susan Lokhorst (11)	93-05.50	South St. Paul
8.	Emma Persoon (11)	87-07	Mahtomedi

### High Jump

1.	Zoe Stone (10)	5-02.00	Simley
2.	Grace McCormick (9)	5-00.00	Mahtomedi
2.	Eve Farrell (10)	5-00.00	Mahtomedi
4.	Nicole Schneider (11)	4-08.00	Hill-Murray
5.	Roxanne Veldman (10)	4-08.00	South St. Paul
6.	Reilly Johnson (8)	4-08.00	Hastings
7.	Aoife Zamacona (10)	4-06.00	North St. Paul
8.	Mackenzie Ryan (10)	4-06.00	Mahtomedi

### Pole Vault

1.	Kally Kolbeck (12)	11-06.00	North St. Paul
2.	Cecelia Boyle (11)	10-00.00	Tartan
3.	Nicole Schneider (11)	9-06.00	Hill-Murray
3.	Emily Weldon (10)	9-06.00	Hastings
5.	Josie Pechous (10)	9-06.00	Hastings
6.	Sophie Frisbie (8)	9-06.00	Mahtomedi
7.	Abby York (7)	9-00.00	North St. Paul
8.	Sarah Kruse (12)	9-00.00	Simley

### Long Jump

1.	Dajanae McKinney (10)	16-11.00	Tartan
2.	Zoe Stone (10)	16-02.00	Simley
3.	Samantha Veldman (12)	16-01.50	South St. Paul
4.	Josie Sauro (11)	15-11.50	South St. Paul
5.	Kylie Krawczyk (9)	15-10.50	Mahtomedi
6.	Aurora Roberts (8)	15-06.50	Tartan
7.	Nicole Hemstad (11)	15-05.00	Mahtomedi
8.	Breana Bamlet (12)	15-01.00	Hastings

### Triple Jump

1.	Abby Lannier (11)	33-05.25	North St. Paul
2.	Zoe Stone (10)	33-02.50	Simley
3.	Samantha Bowar (10)	32-07.00	Mahtomedi
4.	Savannah Kaul (12)	32-05.00	Hastings
5.	Grace Gerten (11)	32-02.75	South St. Paul
6.	Rachel Klimek (11)	32-02.75	Hastings
7.	Shauna Slipka (10)	31-09.00	Mahtomedi
8.	Melissa Tinucci (12)	31-09.00	Simley